

McCaffrey's Chef Corner

Blood Oranges 101



Blood Orange Drink

3 blood oranges

1 to 2 ice cubes

Squeeze juice into blender,
add ice and blend. *Simple!*



Make a Blood Orange Vinaigrette Great for Salads, Sandwiches and Sauces!

- 2 tablespoons white wine vinegar
- ¼ cup blood orange juice **2 Blood Oranges**
- 2/3 cup olive oil
- ½ clove garlic, crushed and finely chopped
- 1 tablespoon finely chopped shallots
- 2 teaspoons finely chopped fresh parsley

**Cut orange in half, squeeze juice out.
Chop garlic, shallots & parsley.
Mix all ingredients.**

Great Tasting
Just Peel & Eat



McCaffrey's Produce
Superior Quality and Value

